

## Option 2: Video reflection questions for people and support workers to use together

### What did you think?

- What stood out for you about the video?
- What did you think was good in the video?
- What would you like to see happen in a different way?

### Everyday steps to prevent and address everyday harm

There are small steps that we can take everyday in our work together to address everyday harm before it builds up. Let's think about how the everyday steps were used by the people in the video. You can also think how you could use the everyday steps in your work together.

#### Noticing everyday harm:

- What did you think happened to the person?  
Why did you think that happened?  
How did the person show that everyday harm was happening?

#### Acknowledging everyday harm:

- How did the people in the video check if everyday harm was happening?
- What did the support workers do to show they were listening?

#### Responding to everyday harm:

- How did the person and the support worker plan to fix the problem together?
- Who did they get help from to solve the problem?
- Who can you ask for help when you need to solve a problem?

#### Repairing everyday harm:

- What did the person who caused the harm do to make things better?
- What do you think helped the person and support worker make things better between them?
- What seemed to have worked well for the person?

#### Making things better for the future:

- Do you think using the everyday steps will stop this problem from happening again? Why? (make things better)

How do you think we can stop this from happening again